

Cambridge Assessment International Education Reg. School No. IN653, Sainik School P.O, Amballoor, Kazhakootam, Trivandrum-695585, Kerala, India

Principal's Message



Dear CNItes, Parents, Staff and Well-Wishers,

Greetings to all!

As we have reached the end of our first term, I am sincerely grateful and thrilled to make this statement as to how eventful and fruitful the journey this far has been, which would not have been possible without the whole hearted cooperation of my dear students.

I take this opportunity to appreciate the teaching and the non-teaching staff for their steadfast efforts to ensure the smooth and successful functioning of the school.

I am also quite pleased on the outstanding results achieved in IGCSE, AS and AL exams by the students, having worked diligently under the guidance of our commited teachers to perform exceptionally well. Hearty Congratulations!

Dear CNItes, your performance and team spirit in Thrill CNIS is worth the mention as well. It calls for an appreciation on receiving the Overall Trophy for the finest performance in Cre8, an Interschool Cultural Competition. The Runners Up Trophy brought by CNIS Basketball Boys & Girls Team is another feather on our cap. My dear students , you have brought laurels to the school which of course is quite commendable and appreciable.

CNItes, do continue to strive hard both in academics and co curricular activities so as to uphold the decorum and principles as set. I am really proud of you, my dear CNItes, for elevating the school to greater heights but do remember there is yet a long way to go.

I wish you all a very happy Onam.

Return, rejuvenated to work with even more enthusiasm for yet another academic term of satisfying perfection and happiness unlimited! Wishing you all the very best in content health and high in spirits for this festive season!

Re-opening Ceremony

God bless you! God bless CNIS!

Fr. Thomas Chennattusserry CMI Principal

The CNIS family once again welcomed the young and budding learners back to school in a colourful ceremony held on 5 June '23, organised by the CNItes of Grade XII as part of their assembly. Col. Sanjeev Nair, Chief Executive Officer of Technopark, was the Chief Guest who focused on the responsibilities of the 21st century youth. The assembly also reminded the students about the importance of World Environment Day. Other eminent guests on the dais were Rev. Fr. Paul Mangad CMI, Manager of the

Christ Nagar Group of Schools, Rev. Fr. Robin Pathinarilchira CMI, the newly appointed Vice Principal and Bursar and Rev. Fr. Thomas Chennattusserry CMI, Principal of Christ Nagar International School. The Principal announced the Cambridge IGCSE, AS and A Level results and emphasized that all CNItes should achieve accolades in all fields, both curricular and co-curricular, and keep the motto of the school, of integrity, excellence and empathy, to the highest accord.





LOWER SECONDARY CHECKPOINT (GRADE VIII)

Cambridge scale score of 50 (Outstanding) in all the three subjects (Science, Mathematics & English)



CNIte SAMRDHI SAMPATH

CNIte DYUTHI RAJESH CHANDRAMOHANDAS Maths & Outstanding in Science Topper in











Cambridge scale score of 50 (Outstanding) (Science, Mathematics & English)







SCHOOL PARLIAMENT ELECTIONS



The candidates who would be running for the much coveted positions of School Leader and Deputy School Leader were democratically chosen by way of internal elections conducted on 26 May 2023. CNItes Joel George Thomas, Avinash Santhosh Nair, and B Ashvath as School leader candidates, and CNI*tes* Ishan Anas, Dea Ann Shins, and Bhamini S Neelamana as the candidates for the position of Deputy School Leader were officially announced on 3 June 2023.

The Election Day, 8 June 2023, saw the candidates engaged in the final show of true spokesmanship at the Meet the Candidates programme. After the final election process, the winners were declared by the Principal, Rev. Fr. Thomas Chennattusserry CMI. CNI*te* B Ashvath was elected as the School Leader and CNI*te* Bhamini S Neelamana as the Deputy School Leader. The fanfare was followed by gratitude speeches by each candidate as another successful election year rolled by.

MERIT DAY

The Merit Day, in recognition of the exemplary performance of the CNI*tes* in the IGCSE and A Level Examinations of March 2023, was held on 12 June 2023. The Toppers and the Distinction & Merit holders of the IGCSE and A Level were awarded with mementos in the honourable presence of Rev. Fr. Joseph Vattaparampil, the Manager of Christ Nagar School, Attingal.

In their soulful return toasts, CNI*te* Justin Phillip Prasad and CNIte Mohammad Allam, School Toppers of the A Level and IGCSE respectively, reiterated the need for hard work and

INVESTITURE CEREMONY

The newly constituted Student Council for the academic year 2023-'24 was invested with their duties and responsibilities in The Investiture Ceremony held on 15 June 2023 to encourage and kindle leadership qualities in our young prodigies.

The School Leader and Deputy School Leader along with the Sports Captain, Arts Club Secretary, Girls' Guild Ambassador and Goodwill Ambassador, marched into the gallery and were honoured by the Principal, Rev. Fr. Thomas Chennattusserry CMI. Fr. Principal announced the names of the appointees who would take into their hands the reigns of responsibility.

INTERNATIONAL DAY OF YOGA

With cut-throat competition everywhere, children are exposed to stress and anxiety at an early age. Surya Namaskara helps children calm their minds, improve concentration, and build endurance. CNI*tes* observed the International Day of Yoga on 21 June 2023 with a peaceful mass Surya Namaskara performed by students of Grades III to V in the tennis court and VI to XII in the basketball court.

As part of Parents' Day, a Yoga Workshop, PRANA YOGA, was conducted for the parents on 24 June 2023 at 10.00 AM in the school premises. The workshop was handled by Ms Aishwarya Arangil, the Yoga Instructor of the school. A stall selling millets, honey and various healthy items was set up to make people understand the importance of healthier options in life.



resilience. The proud parents of the Toppers also spoke on the occasion.



He congratulated the newly elected Student Council and emphasized the significance of setting priorities and the need of the hour to be team players.

Along with the Student Council, the House Captains and Vice Captains were also honoured. Fr. Principal, together with the School Leader and Deputy School Leader, hoisted the school flag, which was followed by hoisting the house flag by the house mistresses and captains. The School leader, CNI*te* B Ashvath addressed the audience, and the ceremony ended with a Vote of Thanks by the Deputy School Leader, CNI*te* Bhamini S Neelamana.











THRILL CNIS

The official inauguration of Thrill CNIS 2023, the CNIS Cultural Fest, was conducted on 22 July 2023. The Guests of Honour, Dr. Jobi Mathew, renowned violinist and Retired Professor at Sree Swathi Thirunal Govt. Music College, Trivandrum, and Ms. Ann Benson, much acclaimed for her performances in music reality shows, delighted us with their outstanding musical performances. There was a wide variety of performances ranging from keyboard performances by the CNI*tes* of the Senior School, to the Thrill CNIS inaugural dance and the dance performance which won the first position in Cre8, the Art & Design fest organised by L'ecole Chempaka International School. Vegetable carving, flower arrangement, fancy dress, solo dance and Mummy and Me were staged after the inauguration. The competitions had actually begun with the Thrill CNIS logo designing competition held on 6 June 2023, followed by which various literary events were conducted on different days.

The remaining solo events were conducted on 24 July 2023. Little King and Little Queen was conducted for the KG students. It was amazing to see the tiny KG students dressed up as kings and queens. House-wise group events, Drama, Tableau, Group Song and Group Dance, were also conducted on this day. The 4 houses - Amazon, Ganges, Nile and Volga – were engaged in healthy competition with one another.







THE DAZZLING STARS OF CNIS – CRE8 & SRISHTI INTER-SCHOOL FESTS

The Senior School students once again amazed all of us with their stunning victories in the recent inter-school Art & Design competitions, Cre8 & Srishti, organised by Lecole Chempaka International and Saraswathi Vidyalaya on 15 July & 5 August 2023 respectively.



The CNI*tes* not only participated in all the events at

Cre8 and bagged numerous accolades, but also emerged as the Overall Champions of the event. The positions won by CNI*tes* at Srishti reinforced their mettle. The CNI*tes* came home not just with trophies, but also with the unwavering belief that participation is the most indispensable element.

INTER-SCHOOL BASKETBALL

CNIS Boys and Girls Basketball Teams bagged the Runners Up Trophies in LCI Basketball Tournament hosted by L'ecole



Chempaka International School, Trivandrum, for International School students, on 19 August 2023. Our shooting stars gave a fantabulous performance on the court.

GIRLS' GUILD INAUGURATION



The activities of Girls' Guild for the academic year 2023-'24 was inaugurated on 29 July 2023, with a view to create awareness among the CNIS student body and go a few steps further in achieving gender equality. CNI*tes* Anagha, Numa, Shreya, and Krishna, in their thought-provoking presentations, reiterated how inequality has decreased over time.

Through a myriad of workshops shedding light on menstrual hygiene, adolescent nutrition, diet, emotional well-being and fun events like beach clean ups, fitness regime and first aid training, spread all across the academic year, the Girls Guild aims to inspire young women to excel academically, socially, and personally.



THE CHARISMATIC PERFORMERS OF THE KINDERGARTEN



The kindergarteners were abuzz with excitement as they prepared for the Nursery Rhymes Day and English Recitation Day held on 14 July 2023 for the tiny tots of KG1 and KG2 respectively.

The old rhymes were refreshed when the kids of KG 1 dressed up in the attire that suited the rhyme and sang them with a smile on their face. The poems of the American poet, Kenn Nesbitt, were given life by the smart reciters of KG2. The event, with a nature of 100% participation, was conducted to help the little ones develop the ability of reciting. There was a sea of smiling faces when the Principal appreciated them.



INDEPENDENCE DAY

The mind and soul of staff, students and parents were filled with pride as the Indian Tricolour fluttered high from the premises of CNIS on the glorious occasion of the 77^{th} Independence Day.

The spirit of freedom and oneness aroused in all when the National Anthem was sung in unison. All gathered on 15 August 2023 reminded themselves of the responsibilities towards the motherland by repeating the Indian Pledge.

Befitting the occasion, the ambience was further charged with inspirational speeches and a patriotic song. A quick quiz on theme: India by the Principal, Rev. Fr Thomas Chennattusserry CMI added to the festive fervour.



CLASS ASSEMBLIES



Grade IX: Kargil Vijay Diwas, commemorated every 26 July in India to observe India's victory over Pakistan in the Kargil War in 1999, was observed by Grade IX on 29 July 2023 in their patriotic assembly. The assembly was a humble effort to appreciate and salute the brave hearts who sacrificed their lives for the country. Students, dressed up as Indian soldiers, demonstrated the lives lived by the soldiers through a variety of programmes. The assembly gave the valuable message; "Sleep peacefully at your home. Indian army is guarding the frontiers."



Grade X: The students of Grade X chronicled a student's world and the journey to finding the perfect school-life balance, as part of their class assembly on 30 June 2023. The assembly marked the inauguration of the CCA events of the school for the ongoing academic year. A dance skit involving a few CCA students, presented their skills in Kung Fu, classical dance and roller-skating. The students of Grade X amazed the audience with their rendering of 'Brave' by Sara Bareilles and 'Breaking Free' from High School Musical. Then came the 'Happy Dance'. Students danced to three different songs as part of this dance.

Grade XI: The class assembly of Grade XI on 22 June 2023 was based on the twin themes of World Music Day and



International Day of Yoga. Excitement was galore as the much awaited logo of Thrill CNIS, designed by CNIte Malavika Arjun of

Grade VIII G, was unveiled. The assembly showcased the significance of philanthropy and marked the official inauguration of the academic year's charitable activities. An inter-house Yoga competition was held at the end of the assembly.



THE CREATIVE HUB – THE CNIS CLUBS



School Clubs enable students to pursue their interests and passions outside of the classroom. Be it academic, athletic, artistic or service-oriented, clubs offer students a chance to learn new skills,



meet new people, and make a difference in their community. The Creative Hub, the umbrella that holds the various clubs together, offers a rewarding experience to the CNItes of Grades VIII to XII, and helps them develop a sense of civic responsibility, scientific temper and love for Nature.



The Space Club, IT Club, Nature Club and Maths Club conducted their inaugural meetings on 27 July 2023 to decide the course of action for the academic year. The student coordinators were selected and the activities were charted. The Model United Nations Club had it first online meeting on 31 July.

The first activity of the clubs was accomplished on 3 August 2023. Nature Club came up with bird nests and posters declaring the need for Nature conservation. A brainstorming session was conducted by the Maths club on publishing a Mathematics magazine. A quiz will also be conducted soon. The members of the IT Club made presentations on the topics given. A discussion on the upcoming Mind Spark project-based competition and Advanced Model Rocketry Workshop conducted by IIST were in the agenda of the Space Club. The MUN Club conducted two introductory sessions online on the Rules of Procedure on 1 & 3 August.

CNIS Space Club on India Space Week Portal: CNIS is now an affiliated school in the India Space Outreach Program for schools. Six Space Club members participated in the online essay writing and painting competition. The topic for essay writing was *Dr: A P J Abdul Kalam and Human in Space* where as the topic for drawing and painting was *Stars, Milky Way Galaxy and Rockets*.





MENTORING & CAREER GUIDANCE CELL

KNOWING YOURSELVES - DECODING THE TEEN BRAIN

An introductory session on decoding the teen brain and understanding the IQ/EQ and the most important determinant of success, Focus Quotient, was conducted on 13 June 2023 for the students of AS and A Levels. Ms. Rashmi Panicker, the CNIS Student Counsellor, led the session. The session ended with tips and strategies to implement the new found wisdom and feedback from the students about the areas for industrial visit and deliberating on the mentorship programme.

SESSION ON JOURNALISM

Ms Saraswathy Nagarajan, Deputy Editor of The Hindu, took an online session on Journalism and its prospects for the students of the Senior School, on 23 June 2023. Ms. Nagarajan gave a rundown of the process behind the publication of a newspaper in an enlightening seminar, from the story to its verification. She shared personal anecdotes and general information, regarding her own journey and those of others. She also shed light on the realistic lives of journalists, and answered questions of several calibres from students, all in the same thoughtful manner.

BRITISH COUNCIL SESSION

The British Council conducted a one-hour programme for the students of Grades XI & XII, on 5 July '23, which included a Q&A session for 15 minutes. The session covered all aspects of studying and living in the UK, including reasons for study in the UK, application process, study options, visa application, scholarships, career prospects, health and wellbeing and more.

EDUCATION EXPO 2023

CNIS Career Guidance Cell hosted Education Expo 2023, Pangaea, on 21 July 2023. The event facilitated a visit from the global colleges and university representatives.

It was an enriching experience for the students and parents of Grades X, XI & XII, wherein they interacted with the delegates from the universities who have a wide range of domain expertise. This endeavour would enable our students to choose their area of interest based on their aptitude. Around 30 major Indian and overseas universities and colleges attended the Expo.



TECHNOLOGY AND START UPS

In the second instalment of CNIS's pedagogical Meet the Mentor programme, Mr. Nikhil Chandran, founder and CEO of Tiltlabs, honoured us with his presence on 30 June 2023. He expressed interest in the high school student body's dreams. He then waxed eloquent on how he achieved his own, through a mixture of enlightening advice, wry wit, and his own story. Mr. Chandran's anecdotes on his overcoming of obstacles, both personal and work-related, was an incredible inspiration to the young students. He ended the session by answering questions from the students, which ranged from serious to silly, all with a jovial and accommodating attitude.

COMMUNITY OUTREACH PROGRAMME



Grades XI & XII visited St. Benedict Menni Psychosocial Rehabilitation Centre at Menamkulam, on 7 August 2023, as part of Community Outreach Programme.

The centre caters to destitute women who are affected by psychological ailments. The students entertained the inmates with cultural programmes.

MENSTRUAL HYGIENE SESSION

A session on Menstrual Hygiene was conducted as a part of Girls' Guild, by the Student Counsellor, for the girl students from the Grade VII to Grade XII. The session emphasized the relevance of several menstrual hygiene products and their effective usage. The session briefed the students about the working of the pad vending machine and newly installed incinerator in the girls' washroom.



Rev. Fr. Thomas Chennattusserry CMI, Principal of CNIS, handed over a sum for the welfare of the centre to Sister Soshy. The students contributed to provide snacks and juice to the inmates. The event was heart-warming for the students as they engaged in serving the inmates at the rehabilitation centre.





The tiny angels of Kindergarten brightened the school on 24 August 2023 with their colourful ethnic wear and cheerful Onam Celebration in which their parents also participated with great enthusiasm.

King Mahabali, depicted by CNI*te* Juanna Alphonsa Sajeev of KG2-G, was welcomed with vibrant *Thalapoli* and *Pulikali*. The ambience echoed with laughter and fun when the parents with their kids engaged in games. The tug of war between the parent groups created a complete Onam fervour in the school. The major attraction of the day was *Keraliya Kudumbam*: an Onam Family Contest.

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Onam is a time for joy and jubilation. It is a time to come together with family and friends and to enjoy yet another season of prosperity and contentment. The young CNI*tes* celebrated Onam on 25 August 2023 with gaiety galore. Titled '*Onappadam*', it was a time for the entire CNIS family to get submerged neck deep in cultural extravaganza. Thiruvathira, *Pulikali* and *Kalaripayattu* by the CNI*tes* and the Onam Dance by teachers offered a tinge of tradition to the audience. Thanima 2023, the *Kerala Sreeman* and *Malayali Manga* contest proved that the much lauded Kerala tradition is safe and sound in the tiny hands of the CNI*tes* and it is here to stay forever. The melodious rendition of *Nadan Pattu* by our musically talented young ones was indeed a feast to the eyes and ears.

Then it was time for *Onakkalikal*, the much awaited games: Musical Chair, Passing the Hat, Blasting the Balloon, Buttoning the Shirt, Lemon & Spoon, Plucking the Tail, the most hilarious Saree Draping by both boys and girls... The list is endless. *Uriyadi* and Tug of War marked the culmination of this year's Onam fiesta. Last but not least, the healthy and tasty Payasam tickled everyone's taste buds, the memory of which will linger on till the next Onam season!

S SAME AND



HARMONY OF HOPE



A Fund raiser Evening on 16 September, 2023 Ticket sale is on. Parents are requested to support and make this event successful. We solicit sponsorship also.

Fee Reminder & Schedule

Second Term School Fee is expected to be paid by 30 September 2023. Parents are requested to remit the previous fees dues, if any.